

## PARENTS

### Parent-to-Parent Network

402-379-2268/ 877-379-9926

[www.parent-parent.org](http://www.parent-parent.org)

328 W Norfolk Ave, Norfolk NE 68701

Parents helping parents who are raising children with developmental disabilities; dedicated to strengthening families by providing access to resources, support, advocacy and education. SERVICE AREA: Antelope, Boone, Boyd, Brown, Burt, Butler, Cedar, Cherry, Colfax, Cuming, Dakota, Dixon, Dodge, Hamilton, Holt, Keya Paha, Knox, Madison, Merrick, Nance, Pierce, Platte, Polk, Rock, Saunders, Seward, Stanton, Thurston, Washington, Wayne & York County

### Professional Partners

402-370-3100

[www.region4bhs.org](http://www.region4bhs.org)

206 Monroe Ave, Norfolk NE 68701

Assist families who have a child with a serious emotional or behavioral disturbance in accessing services for the family without having to give up their child as a state ward or incur undue debt to cover such services. Voluntary, free services. SERVICE AREA: Antelope, Boone, Boyd, Brown, Burt, Cedar, Cherry, Colfax, Cuming, Dakota, Dixon, Holt, Keya Paha, Knox, Madison, Nance, Pierce, Platte, Rock, Stanton, Thurston & Wayne County

### Nebraska Family Helpline:

888-866-8660

The Nebraska Family Helpline is available 24/7 to parents and families. Any problem, any time

**Central Navigators:** Central Navigation is designed to assure families have access to needed supports and services in an effective and timely manner through collaborative partnerships and community-based services and supports. <https://www.nebraskachildren.org/what-we-do/community-prevention-systems/community-contacts.html>

### Norfolk Family Coalition

402-640-2409 or 402-640-5106

Families who are struggling to provide food/resources/shelter/etc.

## YOUTH/ YOUNG ADULTS

### Professional Partners

402-370-3100, ext. 117

[www.region4bhs.org](http://www.region4bhs.org)

Transition Program 206 Monroe Ave, Norfolk NE 68701

Helps 17-25 years old with employment, housing and basic living skills. SERVICE AREA: Antelope, Boone, Boyd, Brown, Burt, Cedar, Cherry, Colfax, Cuming, Dakota, Dixon, Holt, Keya Paha, Knox, Madison, Nance, Pierce, Platte, Rock, Stanton, Thurston & Wayne County

### Kids Connection

877-632-5437

A health insurance program that can help with medical bills. It is available for children 19 and younger who are residents of Nebraska.

### Rental Assistance Program (RAP)

RAP is a financial support program for adults with both a serious mental illness as well as extremely low incomes. Services are afforded to qualified clients to help them find affordable and safe housing in

Nebraska. Participants may also qualify for other resources such as independent housing or government section 8 housing vouchers. Find additional [rent assistance](#).

### **Emergency Assistance**

402-471-3121

Helps provide services and money to pay bills for needy children as well as other household members when there's an emergency situation.

### **Employment First**

402-271-7300

This is Nebraska's welfare reform program. This assistance program will help families achieve economic self-sufficiency by providing education, job training, and employment preparation and opportunities.

### **Nebraska Eviction and Foreclosure Prevention Programs**

Non-profits known as the Continuum of Care as well as the Department of HHS provide help. The eviction and rapid rehousing assistance stops homelessness by issuing grants. The money will pay for everything from rent to legal bills, shelters, moving fees, and security deposits. [More Nebraska eviction assistance](#).

### **Access Medical and Health Care from Clinics**

Several free or low-cost health care centers and clinics operate across Nebraska. These centers mostly help low income families and those with no or limited health insurance, but anyone can stop by for care. No one is turned away, regardless of your income. More on [Nebraska community clinics](#).

### **Government Cash Assistance and Public Aid**

The state of Nebraska offers low income and working poor families several federal government funded and state assistance programs. In general, some short-term cash may be provided for basic needs (such as food, utilities, and rent) while social services help people get back on their feet. [Read more Nebraska public aid](#).

### **Temporary Housing and Shelter**

Organizations such as community action agencies, churches, and non-profits in Nebraska offer short term housing and other support, such as food and information on low income apartments, to low income families and the homeless. The goal is to rehouse residents, and learn more on [Nebraska transitional housing](#).

### **Job Training, Career Counseling, Education and Government Grants**

If you need a job, access to educational services, and help in applying for emergency grants, then a community action agency can be a great place to call. The non-profits provide residents a number of services for short- and long-term needs. Continue with [community action agencies in Nebraska](#).

### **Get Help with Heating and Energy Bills**

A number of assistance programs are offered from non-profits, private donations, charities and utility companies themselves. Find how to get a grant and/or financial assistance. [Click here](#) for more information on Nebraska energy assistance programs, conservation programs and other resources.

### **Social Services and Emergency Aid in Nebraska**

One of the leading non-profits to call for help is the Salvation Army. They operate several centers in the state. Some of what may be provided includes Christmas assistance, food, funds for paying utility bills, and ongoing case management. [Click Nebraska Salvation Army](#).

**Connected Youth Initiative**

402-640-2409

[norfolkconnectedyouth@telebeep.com](mailto:norfolkconnectedyouth@telebeep.com)

Will serve “unconnected youth” in rural Nebraska communities. Unconnected youth are defined as young people between 14-24 who are currently or have been in the Nebraska foster care system, have had contact 12 with the child protective services, have had contact with the juvenile justice system (But are not on probation), or are homeless or near homeless.

CYI Outcome Areas: Education, Career, Daily Needs, Transportation, Health (mental, physical, and dental), Housing, Permanency and Financial Stability.

**Project HELP (Health Education Laddering Program)**

402-844-7460

Northeast Community College 800 E Benjamin Ave, Norfolk NE 68701

HELP is designed to assist income-eligible individuals with education, training, and supportive services that will place them on a healthcare career pathway to jobs that pay well and are in high demand.

Career Coach/Recruiter: SERVICE AREA: Students of Northeast Community College, Norfolk

**Northeast Nebraska Community Action Partnership**

402-379-2898

Provides services to people who are at risk of homelessness or literally homeless.

1405 Riverside Blvd, Norfolk

Mon-Fri 10 a.m. - 3 p.m. by appointment only

**TRIO Northeast Community College Office:**

Northeast Community College 800 E Benjamin Ave, Norfolk NE 68701

402-844-7736

WSC Office: Kanter Student Center, Rm 12, Wayne NE 68787

402-375-7500

A student support services program at Northeast is an academic assistance program. The program is designed for low-income, first-generation college students or students with a disability. No cost to the student. As students navigate the demands of college and gain more independence with the responsibility of college life, they will be offered personal and academic support.