
What is Soil Moisture?

In this lesson, students will be able to:

- Measure and record the current soil moisture (% volume) using a soil moisture sensor
- Determine the soil texture using Web Soil Survey or ribboning
- Discuss the soil moisture content for the determined soil texture
- Analyze the plant water needs and the impact of current soil water on the effective growing of plants
- Optional – use University of Nebraska CropWatch ET Monitor to determine water loss from the plants

Materials Needed:

Activity 1

Kitchen Sponge

Water

Timer

Wire or plastic mesh

Beaker with volumetric measurements

Activity 2

Complete the following activity in urban soil that is bare, covered in turf, or covered in mulch.

Soil moisture sensor. One can be purchased on Amazon for greenhouse use and will be about \$20-\$30

Time to Complete

Activity – Part 1 = 60 minutes

Activity – Part 2 = 30 minutes

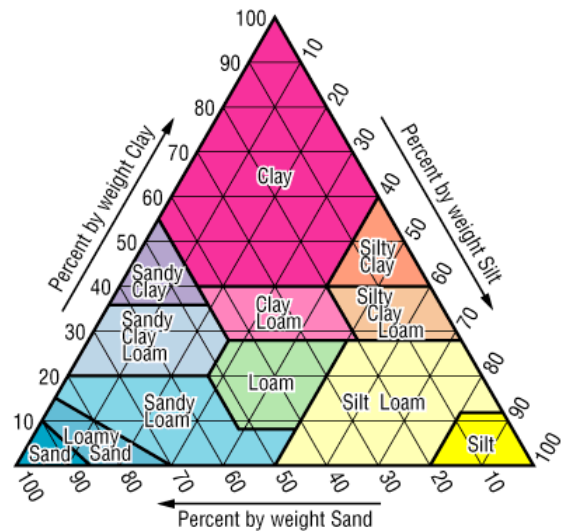
Introduction

Soil moisture is a measure of the water as a percentage (% volume) or as a volume of water per volume of soil (usually mL/m³). Soil moisture is a measure of “how much” water is stored in the soil profile in the areas where plants can use that water. Each plant or crop has a different root depth. Additionally, soil texture plays a role in how easily plants can pull water into their roots and how much maximum water that soil can hold.

Field soil is traditionally made up of various percentages of sand, silt, and clay. In many cases, field soil also contains **organic matter**. However, urban soils can have other components such as concrete, mulch, and other debris that can affect how well the soil holds water, drains water away, and maintains healthy root systems for plants. The particles, along with the pore spaces in between the particles make up the soil. These pore spaces can hold water or air. As the percentage of water increases, the percent of air decreases and vice versa.

Soil Texture

Soil texture is determined by the percentages of sand, silt, and clay in a soil. This soil texture triangle is often used to determine the soil texture. This process can be done by ribboning the soil or by using a soil settling experiment to determine the soil texture. Additionally, the Web Soil Survey (<https://websoilsurvey.nrcs.usda.gov/app/>) can be used to get precise and detailed data about the soil based on the exact location from which it was collected/studied.



<https://earthobservatory.nasa.gov/>

Soil Moisture Content

Soil moisture content is the volume of water in a volume of soil. This is not constant as water is constantly flowing through the soil profile, being used by plants, or evaporating from the soil surface. Soil moisture content is affected by the soil texture and by the amount of pore spaces (**porosity**) of the soil. For example, sandy soils drain very easily due to large pore spaces while clay soils hold water for long periods of time in very small pore spaces that are not accessible to plants.

The following terms are used to describe soil moisture content:

Saturation: When a soil is considered saturated, all the pore spaces fill with water – no air is left in the pores. Saturation is dangerous for plants as their roots need access to oxygen to survive. However, water flows with the force of gravity and saturated soils usually resolve quickly. In the diagram, saturation is referred to as “gravity water”.

Field Capacity: After a short time, gravity drains much of the water out of a soil profile. Once that gravitational water has stopped flowing, the soil moisture content is referred to as being at field capacity. At this stage, some of the pores in the soil contain air and the soil is considered ideal for growing plants.

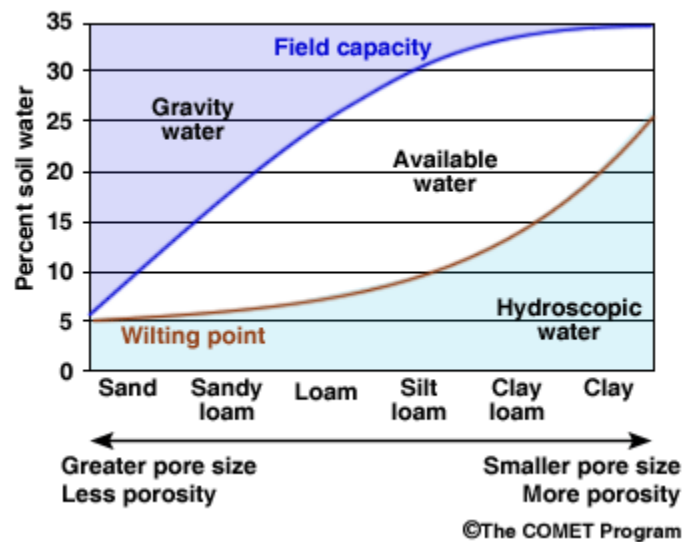
Available Water: This is a term that describes water stored in soil pores that is readily available for uptake by plant roots. This water is primarily stored in macropores (large pores) in the soil.

Wilting Point: At wilting point, all the available water in the soil profile has been used up. Water is only stored in micropores (small pores) and is difficult for plant roots to uptake. At wilting point, plants will show noticeable plant stress in the form of wilting.

Permanent Wilting Point: This term describes a very dry soil in which most of the soil moisture content has been eliminated. At permanent wilting point, there is still water in the soil. However, it is stored in only very small micropores, and it clings so tightly to soil particles that plant roots cannot access it. Plants will show significant stress and once the plant reaches permanent wilting point it will show irreversible injury or death.

The stages of soil moisture content can affect different species of plants in different ways. Additionally, the depth of the plant roots impacts the ability of the plant to reach available water at different soil profile depths. For instance, turfgrass roots are often in the top two to six inches of soil while prairie grass roots can reach depths of 30 ft.

Soil Moisture Conditions for Various Soil Textures





Activity – Part 1

This activity will use a kitchen sponge to illustrate the soil moisture content.

Directions: Observe the kitchen sponge, notice the holes (pores) and the material that absorbs and holds the water (soil particles). Set up the beaker with the mesh on top. Soak the kitchen sponge in water until it is saturated. Then set the sponge on top of the mesh and allow it to drain freely into the beaker. Use the timer to observe how long it takes before the sponge stops dripping.

After the sponge stops dripping pour the water out of the beaker. Once the beaker is empty and the sponge is full but not dripping, squeeze the sponge into the beaker. Ensure all the water has been squeezed out. Observe the amount of water in the beaker. The sponge will now be relatively dry. If time allows, let the sponge sit for one week and revisit the look and feel of the sponge.

When does the sponge represent “saturation”? _____

When does the sponge represent “field capacity”? _____

When does the sponge represent “wilting point”? _____

How do we measure the available water? _____

When does the sponge represent “permanent wilting point”? _____

Reflection

What did you already know when we started this activity? _____

What did you learn from this activity? _____

How will this activity help you grow plants? _____

Activity – Part 2

Determine and record the soil texture for the area in which you will be taking readings for this activity. Try to stay within a 50-yard radius.

Soil texture:

Record the time and temperature of the ambient environment (air) using a weather app on your phone in degrees Fahrenheit.

Time:

Temp:

Using your Water sensor measure the soil moisture of the soil found in each listed site a total of four times.

Next to the concrete in the sun

Soil Moisture 1: Soil Moisture 2: Soil Moisture 3: Soil Moisture 4:

Average:

Next to the concrete in the shade

Soil Moisture 1: Soil Moisture 2: Soil Moisture 3: Soil Moisture 4:

Average:

Bare soil in the sun

Soil Moisture 1: Soil Moisture 2: Soil Moisture 3: Soil Moisture 4:

Average:

Bare soil in the shade

Soil Moisture 1: Soil Moisture 2: Soil Moisture 3: Soil Moisture 4:

Average:

Mulch in the sun

Soil Moisture 1: Soil Moisture 2: Soil Moisture 3: Soil Moisture 4:

Average:



Mulch in the shade

Soil Moisture 1: Soil Moisture 2: Soil Moisture 3: Soil Moisture 4:

Average:

Turf in the sun

Soil Moisture 1: Soil Moisture 2: Soil Moisture 3: Soil Moisture 4:

Average:

Turf in the shade

Soil Moisture 1: Soil Moisture 2: Soil Moisture 3: Soil Moisture 4:

Average:

Discussion:

Are these soil moisture values different from each other? Why or why not?

What is the range (%) of available water for the soil texture determined to be at these sites?

Which of the above environments would be most ideal for plant growth and development?

Why does the atmospheric temperature matter?

Activity Add-ons

Use an infrared temperature gun to determine the temperatures at each location. Compare this information to the soil moisture content.

Reflection

What did you already know when we started this activity? _____

What did you learn from this activity? _____

How will this activity help you grow plants? _____
