

## ACTIVITIES

Activities are the heart and soul of every camp, especially at Camp High Hopes. We bring smiles to every camper's face by adapting our activities to their needs. This ensures campers engage in and try everything they desire. At Camp High Hopes the question is not 'if' a camper can participate, but 'how' do we adapt and assist.

Check out some of the activities at camp:

Archery	Nature Education
Arts and Crafts	Paddle Boats
Canoeing	Sensory Garden
Climbing	Swimming
Creative Dramatics	Talent Shows
Fishing	Water Games
Giant Swing	And so much more

## ABOUT CAMP HIGH HOPES

Camp High Hopes offers outdoor recreation, year-round fun, and respite care to children, teens, and adults with disabilities. During camp sessions, each day is designed to offer fun, safe, and adaptive recreational experiences for people with special needs, their friends and families.

Accredited through the American Camp Association, Camp High Hopes provides adaptive activities in a challenge-by-choice environment. We are an approved respite provider for various Iowa, Nebraska, and South Dakota waiver programs. Additional financial assistance may be available.

Camp High Hopes relies on support from donors, business partners, and grants to continue to offer its high-quality programs to people with disabilities.



## IMPORTANT DATES

Summer registration opens early December.

- Register before February 1st to earn \$25 in Smiles Bucks.
- A late registration fee of \$50 applies after May 15th.

Spring registration opens early December.

Fall registration opens July 1st.



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# CAMP HIGH HOPES

Where Smiles Happen



Providing fun, safe, and adaptive recreational experiences for children, teens, and adults with disabilities.

[www.camphighhopes.com](http://www.camphighhopes.com) 712-224-2267



## SUMMER SESSIONS (JUNE-AUG)

### SLEEP AWAY

Our overnight Sleep Away camp sessions offer children, teens, and adults with disabilities a traditional, yet modern camp experience. Camp sessions are broken out to accommodate different ages, disabilities, and care needs to provide the best experience for each camper. Sessions are five to six days in length. (Ages 5+)

### DAY CAMP

If your camper isn't ready for a full week away from home, Day Camp offers a great option to experience the smiles that Camp High Hopes offers. Sessions run Monday through Friday from 8:30am to 4:30pm with added options for early arrival and late departure. (Ages 5+)

## SPRING AND FALL (SEPT-MAY)

### WEEKEND SLEEP AWAY AND DAY CAMPS

At Camp High Hopes, we keep busy year-round. During the fall and spring, we offer weekend "respite" and day camps for youth and adults with disabilities who need that weekend getaway. Weekend sessions run Friday evening through Sunday afternoon and day camp sessions take place on Saturdays. Both programs offer seasonal activities, tons of fun, and great memories. (Ages 5+)

### WED. NIGHT SOCIAL CLUB

Looking for something fun to do for the whole family? Come to our Wednesday Night Social Club. Every week, we offer a different activity for free or very low cost. From bingo and board games to crafts and hikes, check our website and Facebook page for what we have planned. Camp High Hopes' staff members lead activities, but parents or caregiver supervision is required. Come and go as you please. No need to register. (All ages)

## HOW TO REGISTER

Registration is quick, easy, and ONLINE!!! Visit the **Camp Sessions** page of our website at [www.camphighhopes.com](http://www.camphighhopes.com) to register online or print a registration packet to mail or fax to camp. Learn more about spring, summer, and fall camp sessions, too. Please note, all registration requests are reviewed before placements are finalized to ensure campers' needs can be met by Camp High Hopes' dedicated and caring staff. Register early to get your first choice in sessions.

Group homes are asked to call the camp office for assistance with registration.

## RENT THE CAMP

Camp High Hopes' facilities are available for rent! Consider hosting your youth group, business meeting, or family reunion at camp! Visit the **Rental** section of our website at [www.camphighhopes.com](http://www.camphighhopes.com) for more details.

## GET INVOLVED

Help campers take aim at archery or learn something new in nature education. Do some yard work or a clean up project. We rely on our dedicated volunteers all year long. Come be a part of the fun and volunteer at camp.

Visit the **Get Involved** section of our website at [www.camphighhopes.com](http://www.camphighhopes.com) for more details.

