

## HUMAN SERVICES

Completion of the associate of arts degree with a concentration in human services will provide students with a foundation of knowledge and skills to understand and meet human need. Employees in human services occupations facilitate an overall improvement in the quality of life for a diverse population. Entry-level employment opportunities are available with an associate degree, and with appropriate continued education, students are prepared to pursue careers in mental health, developmental disabilities, alcohol/ drug counseling, social work, long-term care administration, and many areas related to caring for youth.

### Suggested Program of Study for Associate of Arts Degree (2 years)

#### FRESHMAN YEAR

First Semester	
Course	Credits
ENGL 1010 English Composition I* .....	3
Behavioral Science* .....	3
BIOS 1010 General Biology* .....	4
Social Science* .....	3
HUSR 1010 Introduction to Human Services and Counseling .....	3
	16

Second Semester	
Course	Credits
SPCH 1110 Public Speaking* .....	3
MATH 1100 Topics and Ideas in Mathematics* <b>OR</b> higher level mathematics course* .....	3-5
History* .....	3
English/Literature* .....	3
PSYC 2200 Lifespan Psychology .....	3
	15-17

#### SOPHOMORE YEAR

First Semester	
Course	Credits
HUSR 1230 Multicultural Counseling** .....	2
HUSR 2020 Medical and Psycho-Social Aspects of Chemical Use .....	3
Fine Arts and Language* .....	3-4
Electives** .....	6
	14-15

Second Semester	
Course	Credits
HUSR 1220 Group Theory and Practice** .....	3
HUSR 2010 Introduction to Case Management and Professional Ethics .....	3
HUSR 2030 Treatment Issues in Chemical Dependency** .....	2
HUSR 2040 Human Services Practicum .....	1
Electives** .....	6
	15

Total Credit Hours 60-63

To earn an associate of arts degree, a student must satisfactorily complete a minimum of 60 semester hours that includes the general education requirements.

\*See general education requirements.

\*\***Recommended Human Services Electives for Drug and Alcohol Counseling:** HUSR 1220 Group Therapy and Practice, HUSR 1230 Multicultural Counseling, HUSR 2030 Treatment Issues in Chemical Dependency.

\*\***Recommended Human Services Electives for Other Fields:** SOCI 1010 Introduction to Sociology, SOCI 2150 Exploring Unity and Diversity, SOCI 2320 Social Problems, SPCH 2010 Interpersonal Communication, HPER 2300 Stress Management

\*\***Recommended Free Electives:** SOCI 2320 Sociology of Deviant Behavior, CRIM 2100 Juvenile Justice, SOWK 2000 Introduction to Social Work, PSYC 2500 Social Psychology, PSYC 2800 Abnormal Psychology, PSYC 2110 Child and Adolescent Psychology, or PSYC 2900 Research Methods.