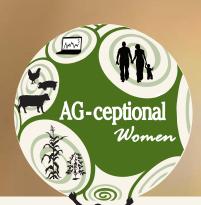


AG-ceptional Women's Conference







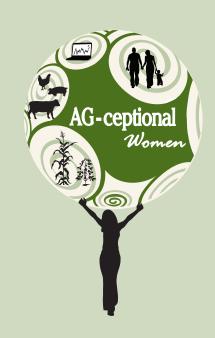
FRIDAY, NOVEMBER 16, 2018



Welcome!

I will never forget the energy and enthusiasm of that first AG-ceptional Conference, a short ten years ago! Each conference since has taken on a magic of its own. What a pleasure it is each Friday before Thanksgiving to see you all walk through the doors of the Lifelong Learning Center! We've learned so much and grown together through our AG-ceptional connections. Our committee has planned this 10th anniversary conference with great respect for you, the women in agriculture who make a difference everyday in every way! Enjoy this day, the fellowship, the information and inspiration! *Today is your day to SHINE!*

- Corinne Morris, Conference Director







AG-CEPTIONAL COMMITTEE

Conference Director: Corinne Morris Dean of Agriculture, Math & Science at Northeast Community College

Co-Director: Tara Smydra, Associate Dean of Agriculture, Math & Science at Northeast Community College

Emcee: Susan Green

Northeast Community College Campaign Coordinator

Coletta Motacek – Ag-Ceptional Administrative Assistant

Megan Baldwin - Rancher, Bomgaars

Liz Doerr – Pork Producer, Office Administrator and Zoning Administrator

Roxanne Dusel – Farm Wife/Grain Producer

Traci Ebel – Roth Feedlot

Kimberly Fehringer – USDA Rural Development Area Specialist

Karen Grant - Farmer/Livestock Producer

Shanelle Grudzinski – Associate Dean of Applied Technology at Northeast Community College

Kayla Gubbels – Production AG

Stephanie Hecht - Farmer/Grain Producer

Julie Hegemann – Midwest Bank

Peggy Hintz - USDA Farm Service Agency

Mary Pat Hoag - Agricultural Editor, Norfolk Daily News - Retired

Hilary Maricle - Farmer /Livestock Producer

Jan Miller – Pork Producer, Nebraska Pork Producers President

Deb Neidig – Producer

Kathy Neidig – Cattle Operation and Business Owner

Anna Pickhinke – Cooperative Supply Inc.

Joan Ruskamp – Cattle Feeder/Farm Wife

Bonnie Schulz – Farm Business Owner

Debb Strate – Executive Assistant, Northeast Ag, Math, & Science Division

Carol Sullivan – Lifelong Learning Center Coordinator

DAMIAN MASONBusinessman, Agriculturist, Speaker, Podcaster, Writer and Consultant

OPENING SESSION

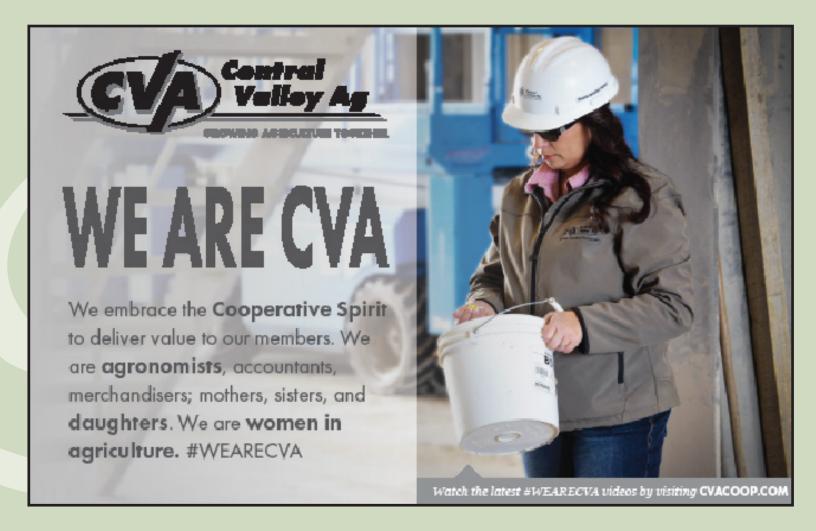
KEYNOTE SPEAKER

THE 'F' WORDS OF AG

Damian Mason delivers a high-energy presentation looking at issues impacting the industry of Agriculture. The program is current and comedic, insightful as it is entertaining. He references sources and stories which are sometimes overlooked by mainstream Agriculture.

Discussion includes challenges and opportunities for the Ag industry. Such as: Why affluent customers oppose GMO's, why suburbia shops at Whole Foods, why the "cheap food argument" is outdated, how Ag can thrive by realizing there are two sets of global consumers, and why Agriculture's future is bright.

Damian speaks on the two subjects he knows best: Business and Agriculture. Since 1994, he has spoken to nearly 2,000 audiences in all 50 states and 7 foreign countries.



AGENDA

FRIDAY, NOVEMBER 16, 2018

8:00 – 8:30 A.M. CHECK IN - Lifelong Learning Center

8:00 – 9:00 A.M. EXHIBITS, NETWORKING & BREAKFAST

Breakfast compliments of Central Valley AG

9:00 – 10:45 A.M. OPENING SESSION

Welcome & Opening Comments

Video Presentation - Sponsored by Farm Credit Services of America

Tribute to the AG-ceptional Woman of the Year

KEYNOTE: THE 'F' WORDS OF AGRICULTURE - DAMIAN MASON

11:00 – 11:50 A.M. **RED WORKSHOP SESSION**

12:00 – 1:30 P.M. LUNCH, ENTERTAINMENT & NETWORKING

AWARD OF MERIT PRESENTATION

WHERE ARE THEY NOW?

Update on past AG-ceptional Women of the Year

Lunch provided with the help of Nebraska Pork Producers Association

1:35 - 2:25 P.M. WHITE WORKSHOP SESSION

2:35 – 3:25 P.M. BLUE WORKSHOP SESSION

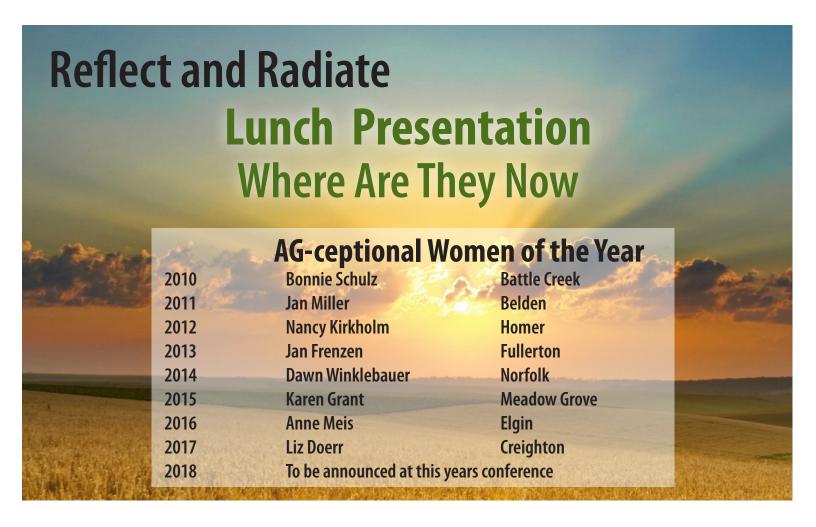
3:25 – 3:50 P.M. AFTERNOON BREAK - Special thanks to

Senior Lifestyle Advantage Magazine

3:50 – 5:00 P.M. CLOSING SESSION - Wrap up of conference

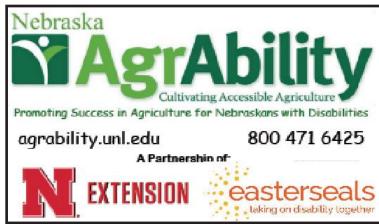
CLOSING SPEAKER: WOMEN UP - PAT MCGILL

With help from Nebraska Farm Bureau and Nebraska Farm Bureau Foundation











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SESSION SCHEDULE

	5 JW 1 J		51 W 1 I
Room	Red Workshops 11:00 - 11:50	White Workshops 1:35 - 2:25	Blue Workshops 2:35 - 3:25
	11:00 - 11:50	1:55 - 2:25	2:55 - 5:25
Lifelong Learning Center Suite B	Is Chocolate Milk from a Brown Cow? Courtney Schaardt	Nex Gen: A Win-Win for Beginning Farmers & Asset Owners Karla Bahm	Future of Feed Additives - Wellness, Production, Consumers and Regulatory Dr. Aimee Wertz-Lutz (Sponsored by ADM)
Lifelong Learning Center Suite C	Defining Your Story Within the Business of Agriculture Damian Mason	Maternal Nutrition - Multi- Generational Impacts on Growth, Reproduction, Health and Meat Production Dr. Aimee Wertz-Lutz (Sponsored by ADM)	Who Gets Grandma's Yellow Pie Plate? Ruth Vonderohe
Lifelong Learning Center Suite D	Defining Your Story Within the Business of Agriculture Damian Mason	How Can We Help You Today? USDA Farm Service Agency Loan Programs and Process Monica Dolezal-Bruning	Know Your Banker Panel Pam Lovejoy, Tony Schwartz and Kurt Dostal
Lifelong Learning Center Main Room (Suites G, J, F, I)	How Your Mind Can Reverse Aging Dr. Keith Vrbicky	WE: Women Energized Pat McGill	Blooms for Buzzers and Butterflies - Planting for Pollinators Kelly Feehan
Lifelong Learning Center Suite K	Who Gets Grandma's Yellow Pie Plate? Ruth Vonderohe	SilverSneaker - Group Fitness for Active Older Adults Barb Preusker	Social MediaStaying Connected Sarah Pinkelman & Brenda Sock
Lifelong Learning Center Suite L	INBody 570 Body Composition Analyzer Leah Fineran	Tax Reform and How it Affects You Nancy Brozek	Tax Reform and How it Affects You Nancy Brozek
Lifelong Learning Center UNL Classroom (RM 193)	Farm Bill Decisions and Outlook 2018 - 2019 Jim Jansen	Engaging with Modern Consumers in a World Removed from AG Production Joan Ruskamp and Deb Gangwish	Adding ROI to the Precision Ag Formula Lonny Mitchell
Welcome Center 1108A	Food Labeling: Fact or Fiction? Lisa Lunz and Jan Frenzen	Simple Decorating Pam Buchholz	Simple Decorating Pam Buchholz
Welcome Center 1112	GMO - Less is More - How Current Trends Affect Food Choices Ann Fenton and Amy Timmerman	Declutter Your Life & Organize Your Home Tina Collison	Declutter Your Life & Organize Your Home Tina Collison

CLOSING SESSION



PAT MCGILLSpeaker, Trainer, Adjunct
Professor of Education, Author

"WOMEN UP"

Your unique Passion, Purpose & Personality with The 5 Power's of Rural: Keep it Real, Rural, Be Ready, Reachable & Remarkable! You are like some other women, but not like any other woman.

Pat MGill has been called a woman of "Grit, Spirit and Grace." Pat is living her "Spontaneous 70's" and travels the country to anyone who will listen. She has a passion for people, education, business and community. Created Beresford FIRST-Supporting business and enriching the heart and soul of the Beresford community where Families Come FIRST.

Pat founded WE - Women Entrepreneurs in the lowa Great Lakes, and Women Energized with WE groups in the Midwest. She is serving on many committees and boards in the region, and working with the Watchdog Legacy Project for the school district of Beresford, SD.



RED WORKSHOPS

IS CHOCOLATE MILK FROM A BROWN COW?

Courtney Schaardt, Director of Outreach Education, Nebraska Farm Bureau Foundation

- Learn how to use Ag in classroom activities with consumers.
- Resources available through the Ag in the Classroom program.
- Discuss best practices for posting about agriculture on social media.

DEFINING YOUR STORY WITHIN THE BUSINESS OF AGRICULTURE

Damian Mason, Businessman, Agriculturist, Speaker, Podcaster, Writer and Consultant

- What's your story and why should we care?
- What Ag gets wrong hint, they don't care how productive we are!
- How you can thrive!

HOW YOUR MIND CAN REVERSE AGING

Dr. Keith Vrbicky, MD, FACOG, Midwest OB/GYN, Midwest Health Partners, PC

- · How your thoughts, beliefs, and language effects aging.
- What are Neurobics and how they make the brain younger.
- How changing your thinking, can change your body and become physically and mentally 10 years younger.
- How you can arrest the aging process by harnessing the power of your subconscious mind.

WHO GETS GRANDMA'S YELLOW PIE PLATE?

Ruth Vonderohe, Nebraska Extension Educator

- Estate Planning.
- Right of Representation.
- Dividing Personal Items.

INBODY 570 BODY COMPOSITION ANALYZER

Leah Fineran, YMCA Wellness Director, AFAA Certified Personal Trainer, Certified Fitness Nutrition Specialist

- The InBody 570 goes beyond traditional body composition analysis.
- 2 minute test will provide you with an easy-to-understand results sheet, which gives you a detailed analysis of body composition.

FARM BILL DECISIONS AND OUTLOOK 2018-2019

Jim Jansen, Extension Economist, University of Nebraska-Lincoln

- Farm bill developments during 2018, bring new decisions in 2019 and beyond.
- Understanding how 2018 programs and estimated payments help producers prepare for next year's cash flow.
- Integrating information on new and existing farm programs, other decisions to make sound risk management decisions.

FOOD LABELING: FACT OR FICTION

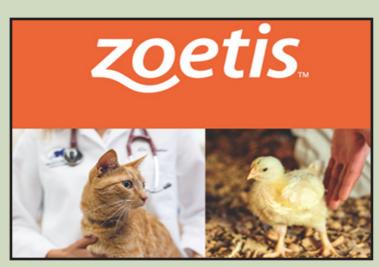
Lisa Lunz and Jan Frenzen

- Lots of choices at the grocery store.
- Food Labels can be confusing!
- · How they impact your family, your farm and ranch!

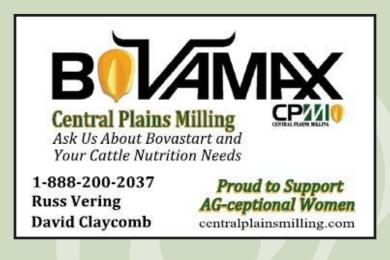
GMO - LESS IS MORE. HOW DO CURRENT TRENDS AFFECT YOUR FOOD CHOICES

Ann Fenton, Pierce Co. Extension and Amy Timmerman, Holt Co. Extension

- History behind organic and GMO foods.
- Consumer attitudes that are affecting food choices.







Calling all Nebraska farm women!

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AgriTalk is a one-hour syndicated talk radio program for agriculture and rural America, providing information that connects producers with consumers.



(Formerly Market Rally)

Monday thru Friday, 4:00 to 5:00 p.m.

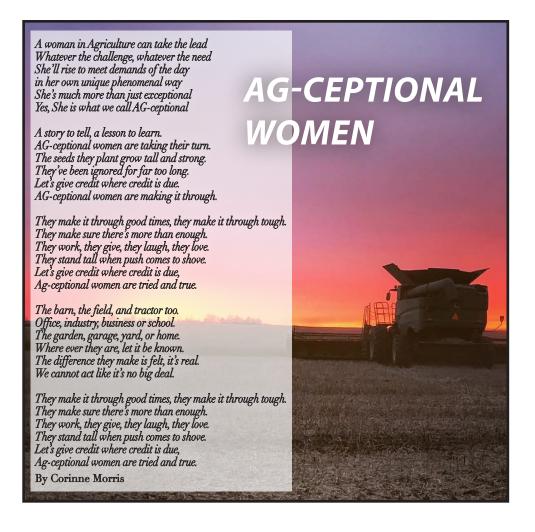
The first-ever long-format national radio program focused exclusively on agricultural commodity markets.

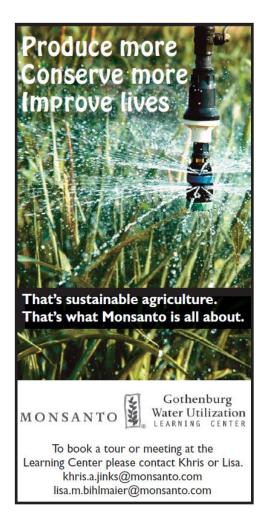
Both programs hosted by CHIP FLORY

From Farm to Market-AG is in our Name







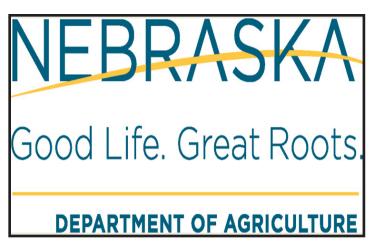




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- Income safety net programs provided through the Farm Bill
- Support for conservation efforts through implementation of the Conservation Reserve Program
- Programs to assist when disaster strikes
- Interim financing to allow you to market grain when the time is right
- Options for youth and beginning farmers/ ranchers to encourage the next generation of agricultural producers

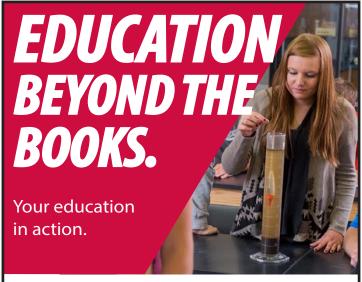


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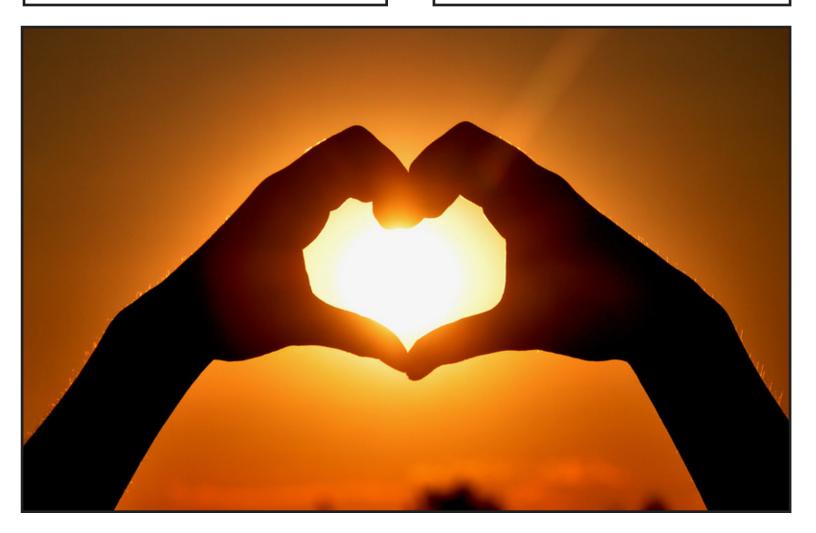


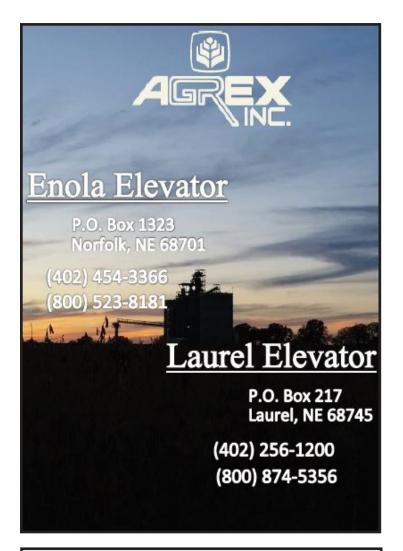
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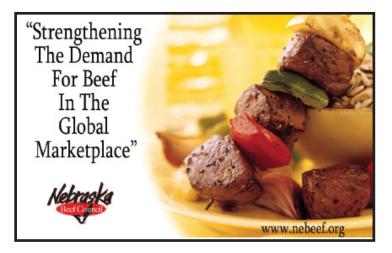
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Liz Doerr

AG-ceptional Woman of the Year 2017

As I think back to the first meeting when we discussed starting the Ag-ceptional Women Conference, the question was posed to our group that asked if we felt that there was a need for a conference of this type and if there would be very many women who would want to attend. I agreed that it was a great idea to have a one-day conference to make it possible for the many women in our area to be able to attend and continue to learn about our many and varied roles in agriculture! It makes me happy to see a "full house" of so many wonderful women each year. Imagine my surprise last year when I found out that I was named the Ag-ceptional Woman of the Year for 2017! I was honored to receive the award.

I have always encouraged my children to continue to learn and do a job that they can be proud of. I'm glad that we have so many women in this area who are willing to come to the conference to learn and grow and network so that they can be better at what they do. There are many varied roles that we play in our unique farm operations.

I was raised on a farm near Foster, NE and helped with the cows and chickens and was a member of 4-H for many years. I graduated from Plainview High School and attended Northeast and am glad to be living on the farm since Gary and I were married in 1980. It's a great place to raise a family! Gary and I are members of Zion Lutheran Church in Plainview. God has pulled us through some difficult times and blessed us immensely, too. Our farm raises corn and soybeans and has a farrow-to-finish hog operation. Our son Eric is involved with the crop operation and his wife JoBeth is a Crop Insurance agent. Our daughter Kayla, and her husband Jake, live in Corpus Christi TX. Kayla has her Master's degree in Ag Economics. Our son Kevin, and his wife Charlie, and their children live on an acreage nearby. Kevin works in agriculture and trucking for a neighbor. Our youngest son Aaron and his wife Carley are involved with our hog operation. All three of our daughters-in-law were raised on a farm. Eric and his family live on the Doerr family's Century farm. I'm proud of our family's roots in agriculture.

I have been involved with our farm's accounting and record keeping, working with the hogs, and running errands on our farm. I do not run the tractors or do field work (the boys don't let me) so I admire all the Ag-ceptional Women that can! I have served on committees and attended many meetings while my husband, Gary, was on the Executive Board and served as President of the Nebraska Pork Producers. Fourteen years ago, I was asked to apply for the Knox County Zoning Administrator position because of my knowledge gained through the Nebraska Pork Producers and my passion for agriculture. Through my position, I have been able to help Knox County, and then later Antelope County, to become named Livestock Friendly counties. I also serve on the Nebraska Department of Agriculture's Livestock Siting Committee which developed the Matrix for Siting Livestock Operations. I admire all the women who can promote agriculture through their jobs and volunteer activities!

One of the things that has surprised me since being named the 2017 Ag-ceptional Woman of the Year, is how many people, some of whom I barely knew, have congratulated me long after I thought that they would have forgotten about it. That tells me that people are proud that there are women who are willing to promote agriculture! I hope that everyone at the conference can have the same pride and passion about agriculture that I do! Thank you to those who nominated me, my husband Gary, my family, and the friends I've gained through the years who support and encourage me.

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AG-ceptional
Woman of the Year



WHITE WORKSHOPS

NEXTGEN: A WIN-WIN FOR BEGINNING FARMERS & ASSET OWNERS

Karla Bahm, Nebraska Department of Agriculture

- Learn how the program offers benefits for asset owner and beginning farmer.
- Find out about the eligibility requirements and how to apply.
- See how the program has been successful in Nebraska.

MATERNAL NUTRITION - MULTI-GENERATIONAL IMPACTS ON GROWTH, REPRODUCTION, HEALTH, AND MEAT PRODUCTION

Dr. Aimee Wertz-Lutz, ADM Animal Nutrition-Ruminant Research Manager

- Cow nutrition and health during gestation.
- Long-term impacts on offspring.

HOW CAN WE HELP YOU TODAY? USDA FARM SERVICE AGENCY (FSA) LOAN PROGRAMS AND PROCESS

Monica Dolezal-Bruning, FSA Farm Loan Manager, Wayne County FSA Office

- Helping farmers and ranchers effectively manage farming and ranching interests.
- Direct and guaranteed loans for operating and ownership needs.
- Discuss the different types of loans available through FSA and walk attendees through a typical visit(s).

WE: WOMEN ENERGIZED

Pat McGill, Speaker, Trainer, Adjunct Professor of Education, Author

- Learn your energy color.
- · Identify your traits.
- Create and relate your One Word.

SILVERSNEAKER - GROUP FITNESS FOR ACTIVE OLDER ADULTS

Barb Preusker, YMCA Marketing Director, SilverSneakers Instructor

- Healthcare programs that support SilverSneakers and who is eligible for a free Y membership through this program.
- Equipment used in SilverSneakers.
- SilverSneaker Classic demo with class participation.

TAX REFORM AND HOW IT AFFECTS YOU

Nancy Brozek, CPA/PFS

- Overview of 2017 tax Cuts & Jobs Act.
- How Tax Reform changes your 2018 tax return.
- Record retention: what to keep and how long
- What's new for 2019.

ENGAGING WITH MODERN CONSUMERS IN A WORLD REMOVED FROM AG PRODUCTION

Joan Ruskamp, CommonGround Volunteer and Deb Gangwish, CommonGround Volunteer

- Modern consumers are more removed from the farm than ever before.
- Misleading food marketing labels, such as GMO-free, hormone-free and organic make food purchasing decisions complicated and add to a disconnect between farmers and consumer.
- Engage with consumers to help them understand their food choices.

SIMPLE DECORATING

Pam Buchholz, Expressions Floral

- Demonstrate quick simple arrangements.
- New designs popular right now.

DECLUTTER YOUR LIFE & ORGANIZE YOUR HOME

Tina Collison, Educational and Motivational Speaker

- Put you back in charge.
- Downsize and organize.
- Steps to make your life and home more peaceful.













Comprehensive Women's Health Center Jennifer Weinandt

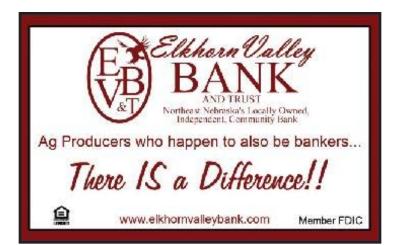
Keith Vrbicky MD, FACOG

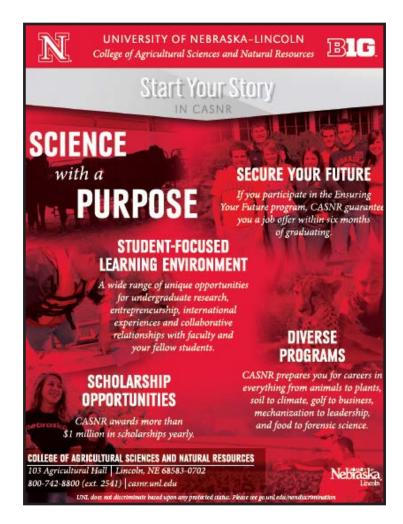
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 - Osteoporosis
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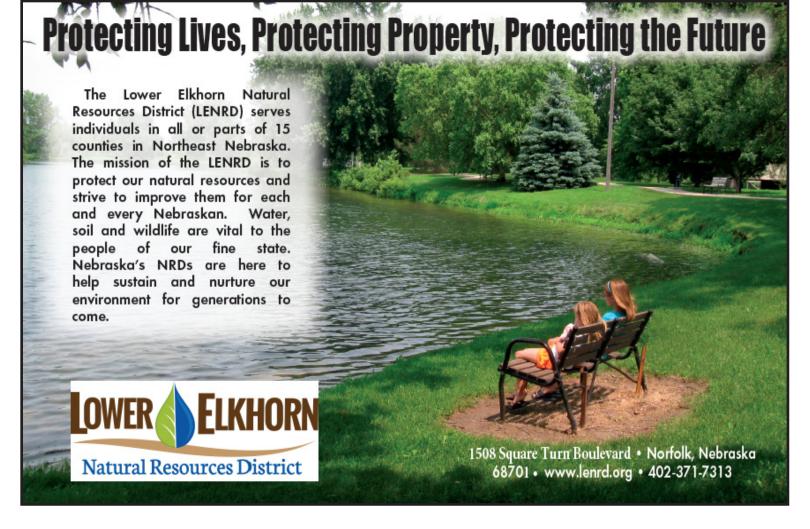


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BLUE WORKSHOPS

FUTURE OF FEED ADDITIVES - WELLNESS, PRODUCTION, CONSUMERS, AND REGULATORY

Dr. Aimee Wertz-Lutz, ADM Animal Nutrition-Ruminant Research Manager

- Consumer perceptions regarding the use of feed additives.
- Regulatory challenges facing the feed industry.
- Emergence of alternatives and their pros and cons.

WHO GETS GRANDMA'S YELLOW PIE PLATE?

Ruth Vonderohe, Nebraska Extension Educator

- Estate Planning.
- · Right of Representation.
- Dividing Personal Items.

KNOW YOUR BANKER PANEL DISCUSSION

Pam Lovejoy, Financial Officer, Farm Credit Services Tony Schwartz, Senior Vice president, Elkhorn Valley Bank and Trust Kurt Dostal, Senior Business Relationship Manager, Wells Fargo Bank

- Tips for communicating with your lender.
- What to bring to an appointment with your lender.
- Creating a partnership with your lender.

BLOOMS FOR BUZZERS AND BUTTERFLIES - PLANTING FOR POLLINATORS

Kelly Feehan, Extension Educator

- Landscape design and care tips, planting for pollinators and people.
- Hear about a diversity of blooms, including trees and shrubs, that attract pollinators and people.
- Learn how flowers "attract" pollinators with nectar guides, and also about bloom boxes and bee hotels.

SOCIAL MEDIA...STAYING CONNECTED

Sarah Pinkelman, NECC Application Developer and Brenda Sock, NECC Technology Services Executive Assistant

- Intro and demonstration of: Instagram, Snapchat and Twitter
- Why and how each platform is used.
- How others use them.

TAX REFORM AND HOW IT AFFECTS YOU

Nancy Brozek, CPA/PFS

- Overview of 2017 tax Cuts & Jobs Act.
- How Tax Reform changes your 2018 tax return.
- Record retention: what to keep and how long
- What's new for 2019.

ADDING ROI TO THE PRECISION AG FORMULA

Lonny Mitchell, Precision Agriculture Trainer, Northeast Community College

- What to ask when determining ROI in relation to Precision AG.
- Things to consider when calculating ROI. Is it always about the money?
- Don't put the cart before the horse when looking at ROI.

SIMPLE DECORATING

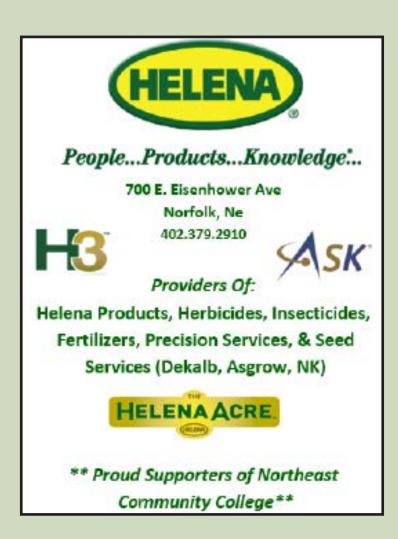
Pam Buchholz, Expressions Floral

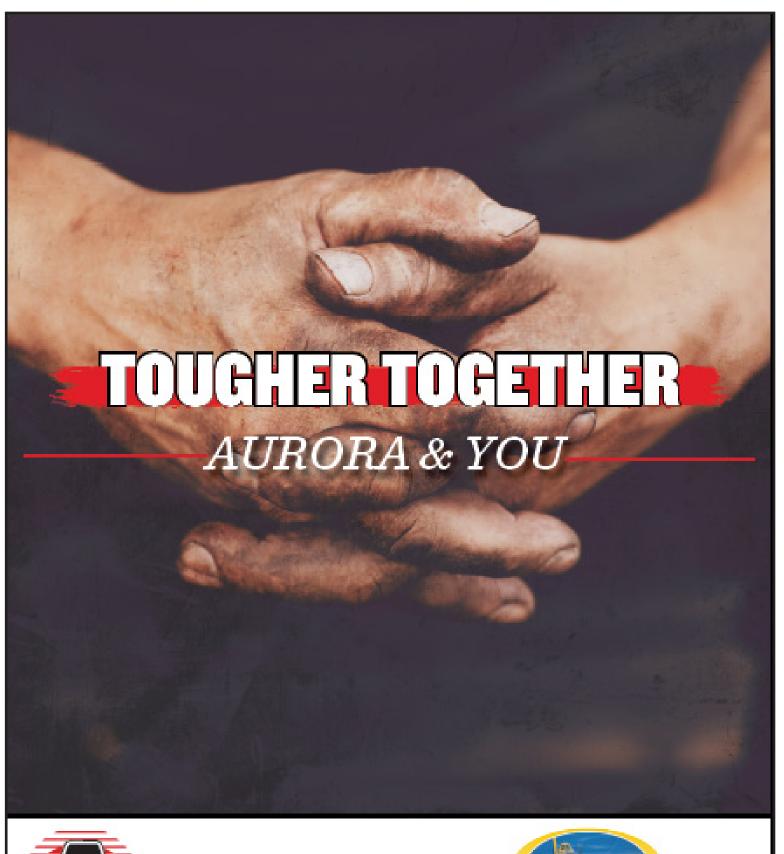
- Demonstrate quick simple arrangements.
- New designs popular right now.

DECLUTTER YOUR LIFE & ORGANIZE YOUR HOME

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The AG-ceptional Women's Conference Shines!

As leaders, producers, and partners, women in Agriculture Shine! Their work and contributions have a significant impact on the well-being of agriculture world-wide. These women rise to meet the challenges of their operations each day in AG-ceptional ways. This year marks the tenth anniversary of the conference that has become a signature event and shines a light on the importance of women in agriculture. The AG-ceptional Women's Conference is an initiative of the Northeast Community College Agriculture department. It features industry exhibits, keynote speakers, award presentations, a wide variety of breakout sessions, good food, and fun for all.

The initial idea for the conference grew out of a conversation between Bonnie Schultz, who was then an Agriculture Technology instructor and Corinne Morris, who was the Associate Dean of Agriculture at the College. Thinking of farm wives and other women in agriculture, Morris suggested that the Ag department develop a new initiative. Bonnie's eyes lit up with enthusiasm: "We should host our own women in Ag conference!" She shared how the Women in Agriculture conference she attended years before in Kearney had changed her life. "Before that, I didn't know there was such a support system

 I needed that. I needed a place to network –I kept thinking of friends who needed it as well. I haven't missed one since."

Schulz's vision and leadership as director for the first conference of its kind in northeast Nebraska laid a strong foundation in 2009. Morris took her turn in 2010 directing the second annual conference along with the help of Kathy Neidig who came on as an administrative assistant that year. Schulz was honored as the first AG-ceptional Woman of the Year award in 2010 for her major contribution in starting this premier event for Northeast Nebraska. She continues to be AG-ceptional as a partner in Schulz Farm Operation.

When Morris took a new position as dean of Agriculture, Math and Science, Neidig expanded her role to coordinate every detail of the conference with near perfection for the next six years. A very dedicated committee made up of volunteers, all Agceptional women in their own right, has provided insight and elbow grease to grow the conference since its inception. The committee meets once a month all year long to plan for the next year's conference. The conference is made possible through the generosity of many sponsors. The Agricultural industry and other businesses have provided



Bonnie Schults (middle), daughter, and mother-in-law at the first conference.

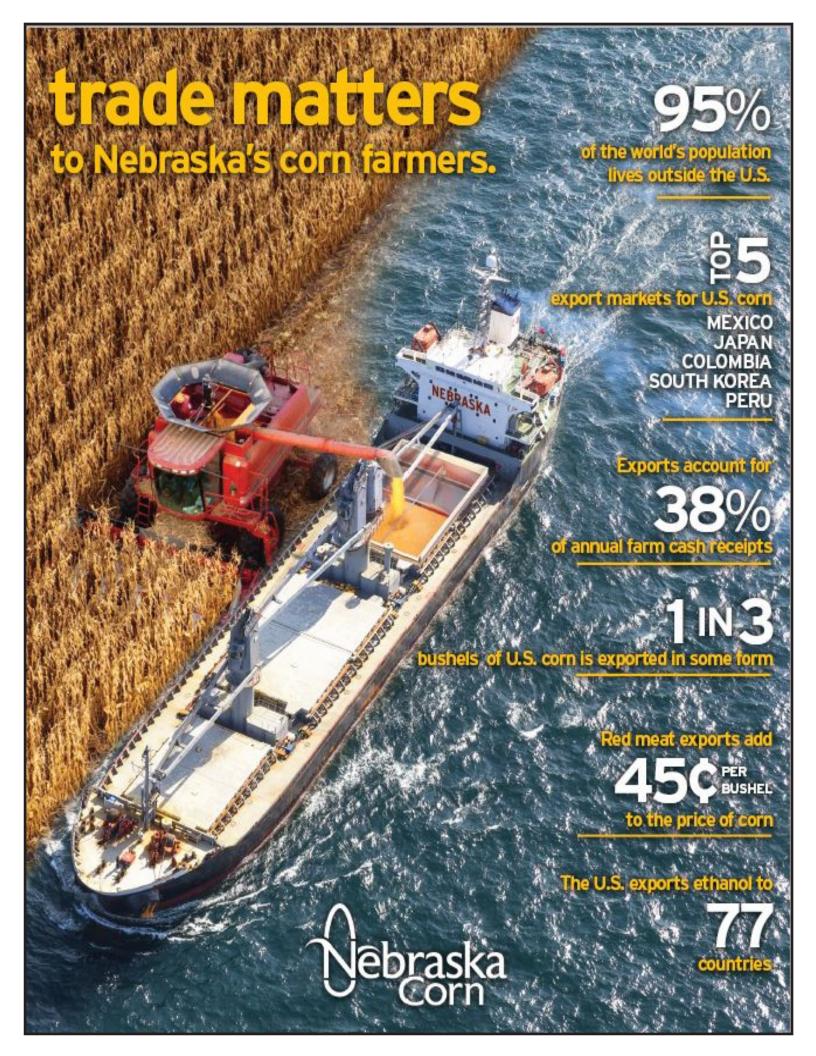
incredible financial and in-kind support year after year, thereby ensuring the continuation of the conference. Coletta Motacek was hired as the administrative assistant in 2017 when Neidig left to pursue a career change. "It's been a very rewarding year for me working with the committee members, the sponsors and the presenters" said Motacek, "I think this conference is the best resource for women in agriculture! I just love my job and the people I work with!"

The AG-ceptional conference is to designed to educate, motivate and celebrate women in agriculture. Each year more than 400 participants are involved in the day-long event. Traditionally held on the Friday before Thanksgiving, the conference provides opportunities for personal and professional development. Networking with sponsors, industry leaders, presenters and friends in agriculture truly makes participants and the event shine.











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